



Knollwood School's
KINDNESS WEEK



Dear Knollwood Families,

I am excited to inform you the week of (February 14th-20th) will be National Random Acts of Kindness Week. This week will have many ideas for students to learn, explore, and practice kindness. Studies have indicated that promoting kindness in youth promotes self-confidence, optimism, leadership, and increased happiness!

The school-wide spirit days are listed below:

Tuesday, February 16, 2021 “ We love being kind” Wear red to show you LOVE being kind!

Wednesday, February 17, 2021 “Try hard to work it out with others”- Wear workout clothes.

Thursday, February 18, 2021 “Kindness COUNTS” Let’s all wear a shirt with numbers on it to show that we believe kindness matters!

Friday, February 19, 2021 “Knollwood is KIND” Let’s all wear our favorite Knollwood gear or blue & white, our school colors!

More information for extending kindness practices at home can be found on the school’s website. Please encourage your child to perform Random Acts of Kindness throughout the week and ALWAYS!

***KIND*est Regards,**

Mrs. Brewer

